



Rabbi Yossi Bennett  
Mr. Zack Kessler  
[mesivtabasketball@gmail.com](mailto:mesivtabasketball@gmail.com)

**2023-2024 SEASON**

### **2023-2024 League Fee**

- Fee:  
**\$1850 per Division**
- Checks should be made payable to:  
**Mesivta Athletics**
- Checks should be mailed to:  
**Mesivta Athletics, 912 Greenfield Road, Woodmere, NY 11598**

### **Insurance**

Please provide an insurance accord naming **Mesivta Athletics LLC, 912 Greenfield Road, Woodmere, NY 11598** as additionally insured and email to [mesivtabasketball@gmail.com](mailto:mesivtabasketball@gmail.com).

### **Divisions**

- Junior Varsity Division (9<sup>th</sup> and 10<sup>th</sup> graders) – Season runs during the Fall/Winter
- Varsity Division (11<sup>th</sup> and 12<sup>th</sup> graders) – Season runs during the Winter/Spring

### **Equipment**

The HOME TEAM will be responsible to provide the following:

- Regulation Size Basketball (in quality condition)
- An Official Scorebook



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### **Games**

1. All games will be played in the Mesivta Ateres Yaakov Shaulson Gymnasium located at 131 Washington Avenue, Lawrence, NY 11559. All games will be played on Sunday evenings, barring a unique circumstance that requires otherwise.
2. Scheduled games cannot be changed. A missed game will be considered a forfeit and counted as a win for the opposing team.
3. In cases of inclement weather that could hinder travel, the League will decide whether games will be played and will inform teams as early as possible.
4. Winning teams must email results of games played within 24 hours of its conclusion to mesivtabasketball@gmail.com.
5. All teams must have a designated adult coach present at every game.
6. Games must start within 10 minutes of the scheduled start time. If a team does not have 5 eligible players and a coach within 10 minutes of the scheduled start time, the game will be deemed a forfeit.

### **Eligibility**

1. A team or player may be disqualified for an infraction of rules or lack of proper sportsmanship. No refund of fees shall be made in case of such action.
2. All players playing on a team must be currently enrolled in the yeshiva/school for which he is playing.
3. No player may play in any game if he is not on the formal league roster submitted prior to the season.
4. Once a player enters 9<sup>th</sup> grade, he has only 4 consecutive years of eligibility to play in the League. No player who has attended High School for more than 4 years is eligible to play in the League.
5. Each Coach is responsible to verify the eligibility of every member of his team. Any violations of eligibility rules will result in a forfeit of that specific game and may result in disqualification. There will be no refund of fees.
6. Any player beginning a grade in September will be considered in that grade for the entire season, including finals.
7. A JV aged player may play for a Varsity team but 11<sup>th</sup> or 12<sup>th</sup> graders may not play for a JV team.

### **Uniforms**

All teams are required to have either reversible uniform tops with legal numbers on the backs or a separate Home (WHITE) and Away (DARK) jersey. Digits on jerseys may only be from 0-5 (e.g., 54, 3, 20). No digit above 6. A technical foul (2 shots) will be assessed for any illegal uniform prior to tipoff (1 per team). The offending team will also be charged a team foul. The foul is charged directly to the head coach.



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### **Rules of Play**

1. It is crucial to remember that this is an inter-mesivta basketball program built on hashkofas haTorah. As such, it is imperative that all participating schools take the initiative to remind their players, parents and fanbase that games **MUST** be mentchlich. Competitive and intense, but mentchlich.
2. **Yarmulkas or head coverings of some sort MUST be worn at all times (both on the court and on the bench).** It is incumbent upon the coach to ensure yarmulkas are worn. No player will be permitted to play if he is not wearing one. Should a yarmulke fall off during play, it must be put back on at the next whistle. Failure to do so will result in a team warning and then a technical foul on the team. Hats with a brim are not permitted to be worn when playing.
3. **Foul language, trash talking or violence of any kind will not be tolerated.** A player who uses foul language will receive a technical foul and face suspension.
4. **No female fans are permitted to attend games.** This is the responsibility of each team. Please publicize this to your players and parent body. It can be very uncomfortable and embarrassing to have to ask a mother to leave a game.
5. **Fouls:** Players will have a limit of 5 fouls before they are ejected from the game. Teams will enter the bonus of 1 and 1 at 7 fouls and the double bonus of 2 shots at 10 fouls.
6. Teams are required to arrive 15 minutes before their scheduled game time.
7. **Timing:** Games will be two 20-minute halves of running time, a 5-minute halftime and stopped time for the last minute of the first half and last 2 minutes of the second half.
8. **Overtime:** If a game is tied at the conclusion of regulation time, there will be a 3-minute overtime with 1 additional full timeout per team.
9. **Timeouts:** Each team will be allowed 2 Full (60 second) and 3 Half (30 second) timeouts per game. In the event of Overtime Play, each team will be allowed 1 additional full (60 second) timeout. Unused timeouts do not roll over.
10. **Scorebook:** Each team must have an official scorebook. However, the home team's scorebook is the "official book".
11. **Scorer's Table:** Only coaches may approach the scorer's table and only during a timeout.
12. **Substitutions:** Substitutions can be made at a whistle. Incoming players must be sitting/kneeling by the scorer's table.
13. **Roster:** Each team must submit an official roster 1 week before the regular season begins. Anyone who is not on the official roster cannot play. Players can be added to the roster mid-season but must sit out 1 game before being permitted to play. A player cannot be added to a team after the midpoint of the season (i.e., after half of the season's games have been played). Any team who plays a player who is not on the official roster, may face an automatic forfeit.



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### **Protests**

A protest must be emailed to [mesivtabasketball@gmail.com](mailto:mesivtabasketball@gmail.com) within 24 hours of the conclusion of the game in question. The coach must inform both refs of his protest and have both sign the scorebook as well as a brief explanation as to the reason for the protest. The League Commissioners have the right to supersede all rules and regulations at any time in the best interest of the League.

**National Federation of State High School Associations Rules**  
**Apply for all Rules not Covered in this Handbook.**